



LUUKA HAS HER EYES FIRMLY SET ON RIO



Luuka Jones has just completed training in Australia consisting of technical learnings on the water, fast race style training as well as gym sessions. Having over trained in December and January was a good lesson for Luuka and so she had to be careful not to give rise to the serious fatigue she had just recovered from. One of the highlights of this camp was the number of top international paddlers who had swapped the cold of the northern hemisphere for summer training in Sydney. Training among the top paddlers in the world is very beneficial. Two international races took place over three weeks and it was great to compete against big international

fields at this time of the year. Paddling fairly well Luuka made the finals of both races but lost time at the bottom of the course by making a few mistakes and so finished in 7th and 8th positions in the Australian Open and Oceania Championships. All good preparation prior to the training camp in Rio in March. "Canoe Slalom training requires explosivity, strength, control and a lot of thinking. We are pulling all the time, ducking poles, controlling the edges with our legs and core and are constantly reaccelerating to get the boat moving after an upstream gate or a tight gate sequence. Everything needs to be connected," said Luuka with a smile. "The primary purpose of going to Penrith in Sydney was to spend some time paddling on world class artificial white water. Artificial courses tend to be a lot bigger, more consistent, and the feeling of the water is a lot different than that at Okere Falls."

LONG DAYS OF DRIVING FUEL COME TO AN END

McFall Fuel takes great pride in long serving and loyal staff and so when Lawrie Glover decided to retire it seemed appropriate to look beyond his almost 13 years with the family business. Lawrie joined the Navy and in 1964 found himself involved not only in the Malaysian Confrontation but also adrift on the HMNZS Royalist a year later. At the end of 1972 when he resigned from the Navy Lawrie commenced working as a driver for Mobil becoming an owner driver in 1982. After 38 years of delivering fuel for Mobil Lawrie delivered local general freight for a couple of years before joining Direct Fuels (now merged with McFall Fuel) in 2003. Having driven over 4 million kilometres delivering fuel for fifty one years and only having one accident Lawrie has decided it is time to hang up his overalls. Quite an achievement. "We have certainly appreciated Lawrie's dedication and commitment to the customers and the Company and while we are sad to lose such a valuable team member we are pleased that Lawrie will be able to enjoy his life at a much slower pace and have more time with his family and grandchildren from the beginning of March, he surely deserves it," said Allan McFall.



SPRAYWELL PROMOTION IS ROLLING INTO ITS LAST DAYS



Business Development Manager, Barry Cleverley is very pleased with the way the sales promotion for the SprayWell Log & Stencil Marker has gone. "We offer the paint as a part of our Complete Package to help customers get the products they need to run their businesses from the one place."



Designed with the forestry industry in mind the ink lasts longer than paint and stays visible for longer in all conditions. It can be used in wet conditions on wet wood. Toluene Free means the noxious gas has been removed and it can be used without any ill effects.

The opportunity offers free cartons based on size of purchase and comes to an end on March 18.

Contact Barry Cleverley for more information or place your order with your lubricant order.

What's Happening @ 0800 623 255

EARTHQUAKE HAS IMPACT ON TEAM



The BOP Under 15 Touch Team competing at the National Championships in Christchurch had just defeated Auckland to win the bronze medal and then the earthquake struck.

Area Sales Manager, Warren Broadmore, said "the reaction of the boys was fascinating, they were not scared at all but being out in the open on Hagley Park probably lessened the impact. The ground was rolling like a roller coaster and you could see the trees going

backwards and forwards. Once the team got their heads around what happened the debrief was held and the other games in the tournament carried on. Walking back to our hotel we could see the damage in the shops caused by the earthquake and that night in the hotel the next quake shook the building. Our two young ones were really shaken by this." The players came home with not only a bronze medal but a lot wiser about the impact that earthquakes can have on the lives of the people beyond just the obvious destruction to their property.

Jake Broadmore received staff family sponsorship from McFall Fuel but he generously chose to share it across the team so that they all had back packs for the event.

THE BBQ's HAVE BEEN WON

McFall Fuel & Fuchs offered the chance to win 3 BBQ's based on the organic growth of customers over November, December, and January. Pictured here is a very



happy Johan Jordaan being delivered his BBQ by Business Development Manager Logan Fleming.

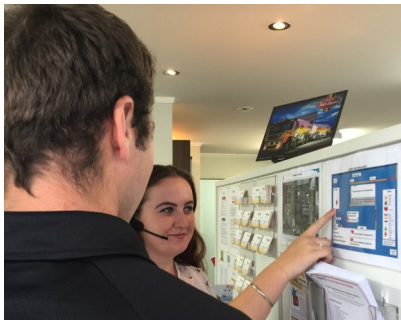
"The results over the three months were really close and so we decided to give four rather than three BBQ's," said General Manager Rick Williams. "The winners were Jensens Logging and Vanner Logging who are both based in Rotorua, along with A&H Construction who are on the North Shore in Auckland, and Jordaan Contracting who are based in Paengaroa. This was a great way to start the ball rolling for the new look McFall Loyal when lubricants will also earn points alongside fuel."



APRIL IS LESS THAN A MONTH AWAY

The McFall Fuel Board have always had Health & Safety as the number one agenda item and at the February Board meeting the annual site visit was carried out to show the changes in the working environment since the last meeting at Hocking Street.

"The Board are very proactive and understand the importance of a very strong safety culture. This quickly became apparent to me when I began with the Company in 2013," said CEO Sheryl Dawson. "What has changed is that more staff are willingly taking on leadership roles when it comes to health, safety, and the environment. Erica Davies, who is our youngest staff member, is happily providing visitors or workers to the building with the information needed in the case of any emergency, such as where fire extinguishers and first aid & spill kits are, along with roles of key personnel, as one of her front of house tasks."



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